Good morning, I.S. 201! My name is Venice from class 851, and I'm here on behalf of the SEAL team for this Talk a lot Tuesday.

It is important to practice humility in all aspects of life, in other words, to be humble. For example, if you get into a high school that many of your peers wanted to attend, you should stay humble and not openly brag so that others don't feel bad. Humility applies to grades, possessions, skills, money, and many other things. When people brag too much, it can make them seem full of themselves, and others might not like being around them. But when someone's humble, it shows they have good character and makes it easier to get along with people. Being humble doesn't mean you can't be proud of what you've done, it just means knowing when and how to talk about it without making others feel bad. In the end, staying humble helps us appreciate what we have, keep a good reputation, and get respect from others.

Thanks for listening and let's have a Temperance Tuesday!!

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

