

March 6, 2025

Good morning, I.S. 201! My name is Katie from class 831, and I'm here on behalf of the SEAL Team for this Thoughtful Thursday.

Today, we would like to take a moment to acknowledge Ramadan, a holy month celebrated by Muslims around the world. Ramadan is a month of fasting, prayer, self-reflection and community. During this time, those who observe do not eat or drink from dawn to sunset and use this time to focus on spiritual growth, gratitude and acts of kindness. It is a moment to serve as well to help those in need, encouraging the principles of kindness and giving.

As the Prophet Muhammad said, "When Ramadan begins, the gates of Paradise are opened." Now may this month bring peace, reflection, kindness to all the who celebrate.

Thanks for listening and have a Thankful Thursday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

